



## Editors Note

Dear avid readers

Let me give a rosy welcome to the latest peer-reviewed, multi-disciplinary, bilingual and biannual research journal couched as Academic Research and Review Letter that opens floodgates of opportunities for the articulation of divergent academic views and discourse. This issue is believed to be a perpetual feast for the readers to enjoy diversified topics cutting across literary analysis to variegated socio-economic issues of the society.

The first article authored by Aswathi P discusses threadbare the spatial dimensions of social exclusion. It analyses spatial dimensions of the marginalization of caste in a veritable social system. It also delves deeper into the corridors of social exclusion manifested themselves as subalterns in society in general and womenfolk in particular.

The article of Teji K Thomas makes an impartial enquiry on the nuances of the Holy Bible given the pathbreaking work of CV. Balakrishnan. Far from being a Christian scripture, the author claims that the Holy Bible has transcended itself into multifaceted forms of novels, poems and stories which found expression in the masterpieces of Leo Tolstoy and Victor Hugo.

The article of Dr Sujith S investigates the role of vyavahara in the sacred Hindu book 'Yajnavalkyasmṛti'. It helps cleanse the minds of human beings and upholds the virtue of justice during its transition from Homosapiens to modern man.

Dr. Ganesh in his article portrays food as an indelible sign of caste discrimination in Kerala. He posits the incontrovertible perspectives on food in accordance with the dogmas of Sri Narayana Guru and Mahatma Gandhi.

Swaliha PA eulogizes in her paper on M. Haleema Beevi, the formidable figure of Kerala Renaissance and delves further into her pioneering contributions and dissects her socio-cultural life and her respectable position in the annals of Kerala history.

Dr. Ambily probes the complex psychology of suicide in the context of the stories of Rajalakshmi. She is of the opinion that suicide is the unfortunate fall out of conscious and self-destructive thought and that it is inextricably mixed up with the disposition of the human mind.

Ananth K dilates upon Vaikom Muhammad Basheer popularly called as Beypore Sulthan who stood aloof from other literary figures thanks to his narratology of the language of common masses and rustic living.

Dr Beenakrishnan is exuberantly expressive about Sara Joseph's work 'Katinte sangeetham.' She claims that although literary contributions about nature are plentifully available earlier, discussions on ecofeminism and thoughts on the environment are sparse. It is in this context that the illuminating work of Sara Joseph attains prominence.

I sincerely hope that the readers shall invest their precious time productively to garner knowledge and appreciation from this worth reading journal.

**Dr. Muhammed Rafeeq T.**  
Chief Editor

**Dr. P. K. Sujathan**  
Issue Editor